

Silver Dragon presents:

Rick Barrett

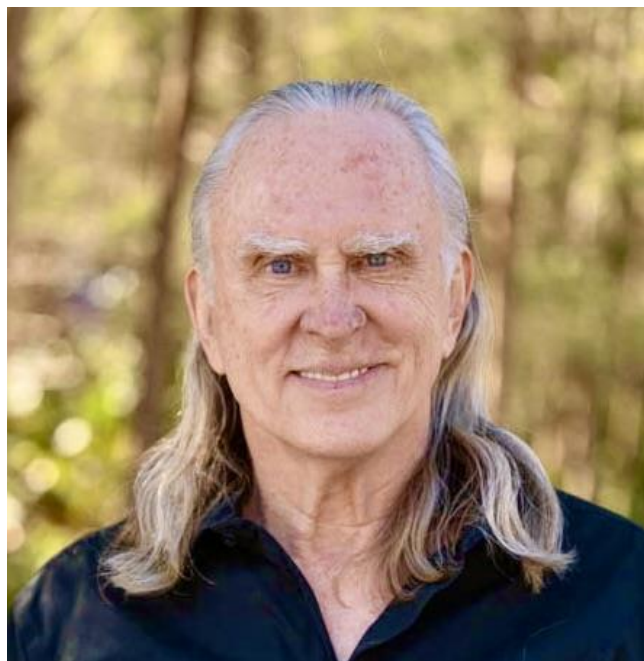
“Tai Chi a Path to Becoming Superconscious”

10:00 AM – 4:00 PM (+ time for lunch)

October 18, 2026

The Lodge at Patriot's Park

174 Lake St., Coventry, CT



Superconsciousness is a state of awareness where the mind is calm, focused, and free from fear. Intention and action become one. It unlocks hidden abilities, effortless power, and a profound sense of presence. It is accessible to each of us through body-mind-spirit integration, and through diligent practice, it guides us to actualizing our highest potential as human beings:

- Supranormal awareness and abilities
- Spiritual awakening
- Tai Chi's soft internal power
- Instant meditation
- The “gap-between-thoughts”
- Hemispheric Synchronization of the brain

Tai Chi is perfectly suited for exploring the endless potentials of superconsciousness. And our ability to realize Tai Chi's potentials is in direct proportion to how much of it we bring to our practice. Each moment of superconscious awareness is its own reward.

This seminar will include lots of fun exercises and demonstrations and plenty of opportunities to interact with others while in a superconscious state. Rick will happily sign books and answer questions.

REGISTER: www.silverdragontaichi.com/registration

Or call George: 860-836-3208

FEE: \$125 before October 1; \$150 thereafter.