

# Brookside Tai Chi & Sound Bath



**Sunday June 28<sup>th</sup>, 6:30-8:00pm**  
*with Amy Ordonez & Joe Pandolfo*

at the historic Brigham Tavern  
12 Boston Tpke (Rt 44), Coventry

Join Joe and Amy by Brigham Tavern Brook in the lower field for an evening of gentle movement and sound.

Joe will expertly guide us through forms while Amy encourages your body and mind to explore and play through sound.

As twilight deepens you are invited to rest and regroup for the week as Amy weaves a sound tapestry to support deep relaxation.

*available spots, Book now:*

<https://www.amy-studio13.com/book-online> \$35 per person

*Questions? Contact Amy at 860-916-8612, or Joe at 959-444-3979*