

28th ANNUAL WORLD TAI CHI & QIGONG DAY

Saturday, April 25th, 2026 9:45 AM to 3:00 PM

ready for any weather!

Wickham Park - Manchester, CT

Connecticut's Largest and Longest Continuing Celebration



Join us, and bring your friends and family to enjoy this free event, celebrating the ancient arts of Tai Chi and Qigong. No experience necessary!

Experience the power and healing benefits of these wonderful traditional arts. Meet and learn from expert, dedicated teachers from all throughout Connecticut.

- ◆ 9:45^{am} - Opening Dragon & Lion Dances
- ◆ 10:00^{am} - Annual "Worldwide Wave"
- ◆ 10:30^{am}-3:00^{pm} - over 20 Free workshops & lunchtime demonstrations

For workshop & demonstration schedule, videos & participating school links, and other event information please visit: <https://ctworldtaichi.org/>

Wickham Park Directions and Parking

1329 West Middle Turnpike Manchester CT, easily accessible from I-84:

From the West: Take I-84 East to exit 60. Go left at the first light, then straight at the next light. Park entrance is 150 yards on your right.

From the East: Take I-84 West to exit 60 (*Exit 62 & exit 60 are combined, stay in the left lane until you reach exit 60 on the right*). Go right at the light. Park entrance is 150 yards on your right.

From the South: Take I-91 North to I-84 East. On I-84 East take exit 60. Go left at the first light, then straight at the next light. Park entrance is 150 yards on your right.

From the Southeast: Take CT-2 West to I-84 East. On I-84 East take exit 60. Go left at the first light, then straight at the next light. Park entrance is 150 yards on your right.

From the North: Take I-91 South to I-84 East. On I-84 East take exit 60. Go left at the first light, then straight at the next light. Park entrance is 150 yards on your right.

At the Wickham Park gate, present this postcard or say you're with the World Tai Chi Day event, for free entrance. On the Park drive, turn right at each junction to reach the Wickham Pavilion & Williams Pavilion area (**Parking lot D**).

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Saturday, April 25th, 2026 - 9:45^{am} to 3:00^{pm} (*rain or shine*)

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Bring comfortable layers, a lunch or snack, your water bottle, and a friend!